

### Education

- 2006 Certification in Vibroacoustic Harp Therapy Pennsylvania, USA
- use of live harp music amplified through a sound bed, stimulates and resonates the human body.
- 2000 Certification in Harmony and Theory Teaching, Royal Conservatory of Music Toronto, CA
- 1998 Certified Therapeutic Harp Practitioner, International Harp Therapy Program San Diego, USA
- 1975 Certification in Clinical Pastoral Education, United Church of Canada Windsor, CA
- 1974 Bachelor of Arts in Sociology, Wayne State University Detroit, USA

### Employment

- 2006 to present **Harp Therapist**, Iris House Residential Inns and Services Windsor, CA
- Promote social skill improvements for adults with developmental and cognitive challenges using music, visualization and interactions between the residents and the harp
  - Facilitate the relaxation and well-being of residents using harp music
- 2001 to present **Principal Harp Instructor**, Irish Canadian Cultural Club Windsor, CA
- Instruct a group of 15 adult and youth harp students
- 1999 to present **Guest Performer and Speaker**, Various local retirement homes, schools, community centres, service groups and women's organizations Windsor, CA
- 1998 to present **Harp Therapist**, Banwell Gardens Long-term Care Facility Tecumseh, CA
- Provide emotional support, encourage relaxation, promote physical coordination and concentration for elderly residents through the use of soothing harp sounds and interactive musical experiences
  - Document interactions with residents and any changes in residents' behaviour, emotional state, well-being, etc. as a result of harp therapy sessions
  - Assist staff in management of palliative care for terminally ill residents through harp therapy sessions which comfort and soothe both the patient and family
- 1980 to present **Private Harp Instructor** Windsor, CA
- Instruct harp students of all ages and levels, preparing them for RCM exams
  - Organize and develop annual music camps where students, both children and adults, are encouraged to magnify their musical abilities through experimenting with harp music, dance, drumming, composition, visual art, and movement
- 1974-1988 **Principal Harpist**, Windsor Symphony Orchestra Windsor, CA
- Featured soloist in *Debussy's Dances*, 1978
- 1974-1977 **Social Worker**, Children's Aid Society Windsor, CA
- Mainly worked with teens, placing, counseling, organizing information workshops
  - Support, trained, and counseled foster parents, worked with a team of social workers
- 1970 to present **Professional Harpist for Weddings and Special Occasions**

### Achievements and Professional Development

2005	<b>Participant</b> , International World Harp Congress	Dublin, Ireland
2004	<b>Participant</b> , International Harp Therapy PDG Conference	San Diego, USA
2004	<b>Facilitator</b> , World of Choices Youth Conference, Junior Achievement	Windsor, CA
2003	<b>Author</b> , "Long-term benefits of long-term harp therapy", published in <i>Harp Therapy Journal</i> , 8(2), 7-16	
2002	<b>Facilitator</b> , "Harp Therapy from a Canadian Perspective" Conference	Toronto, CA
2001	<b>Author</b> , "Elyse Ilku: The Survivor", published in <i>American Harp Society Journal</i> , 8 (1), 29-31.	
2001	"Dancing Doll, Jubal's Daughters", Recording of second album in conjunction with Stellar Productions	Windsor, CA
2000	<b>Creator</b> , Essex Harp Ensemble ▪ Founded a group of 25 harpists that currently perform for concerts and fundraisers	Windsor, CA
1998	"When a Child is Born, Jubal's Daughters", Recording of first album in conjunction with Stellar Productions	Windsor, CA

### **Volunteer Opportunities**

Ongoing organizer and performer in fundraising events, including but not limited to:

- **Harp for Kids**, (2005), fundraiser for Save the Children, Canada
- **Night of Knights Medieval Fest**, (2002-2003), fundraiser for Autism Society of Windsor
- **Winter Rose**, (1997-2003), fundraiser for Leamington Art Gallery and Hospice of Windsor
- **Stories of Women** (2000) fundraiser for Hiatus House of Windsor
- **Celtic Christmas**, (2000), fundraiser for Mennonite Relief Fund

1999	<b>Volunteer Musician</b> , Southwood Public School	Windsor, CA
	▪ Interact with a group of children challenged with autism and developmental deficits to promote relaxation, behavioural modification and social skills improvements through work with the harp	

1985/95	<b>Founder of Southwestern Women's Soccer League</b>	
	▪ Organized tournaments, league play, discipline matters, media releases	
	▪ Coached several teams in various ages	

### **General Interests**

Horse grooming and riding, all things musical, church activities, singer in the Soli Deo Singers of Essex County, membership/involvement with Questers International (an organization dedicated to preservation of history), friends and family activities.